

## 2019

### Term 1

- Schools will be contacted by the local Youth Frontiers Coordinator
- Schools who agree to participate in the program will sign an MOU with Mid Coast Communities
- Participating schools promote the program to students and have application forms returned to the Coordinator by last week of term
- The Coordinator will recruit, screen and train volunteer community mentors
- The Coordinator will monitor students and mentor sessions/relationships, resource mentors as well as being the key liaison with schools

### Term 2

- Program commences week 2, term 2
- Program orientation for selected students
- Students are matched with their mentors
- Weekly 2-hour group and one-to-one mentoring sessions commence

### Term 3

- Mentoring continues through group and one-to-one mentoring sessions
- Mentees are working with their mentors developing their community engagement activities

### Term 4

- Mentees and mentors celebrate their achievements at the Showcase event
- Program ends week 4, term 4

**For more information please contact :**

Sharnie Cooper | Youth Frontiers Coordinator | 0427 370 448 |

[youthfrontiers@midcc.org.au](mailto:youthfrontiers@midcc.org.au)

<https://midcoastcommunities.org.au/services/youth-frontiers/>

# Session Breakdown

Each session will run for 1.5 - 2 hours

Please note, the schedule may vary slightly depending on circumstances

## Term 2

|                     |                            |        |
|---------------------|----------------------------|--------|
| Session 1 - week 2  | Orientation                | Group  |
| Session 2 - week 3  | Your Community             | Group  |
| Session 3 - week 4  | Your Community Project     | Group  |
| Session 4 - week 5  | Meet your Match            | Group  |
| Session 5 - week 6  | Define your Project        | 1 to 1 |
| Session 6 - week 7  | Research                   | 1 to 1 |
| Session 7 - week 8  | Project Brief & Share Prep | 1 to 1 |
| Session 8 - week 9  | Project Share              | Group  |
| Session 9 - week 10 | Feedback                   | 1 to 1 |

## Term 3

|                      |                     |        |
|----------------------|---------------------|--------|
| Session 10 - week 1  | Action Plan         | 1 to 1 |
| Session 11 - week 2  | Resources           | 1 to 1 |
| Session 12 - week 3  | Prepare a Pitch     | 1 to 1 |
| Session 13 - week 4  | Pitch it!           | Group  |
| Session 14 - week 5  | Final Plan          | 1 to 1 |
| Session 15 - week 6  | Implementation      | 1 to 1 |
| Session 16 - week 7  | Implementation      | 1 to 1 |
| Session 17 - week 8  | Project Evaluation  | 1 to 1 |
| Session 18 - week 9  | Project Reflection  | 1 to 1 |
| Session 19 - week 10 | Personal Reflection | 1 to 1 |

## Term 4

|                     |                   |       |
|---------------------|-------------------|-------|
| Session 20 - week 1 | Showcase Planning | Group |
| Session 21 - week 2 | SHOWCASE!         | Group |

Please note: sessions may run up to and including Week 4, Term 4 depending on the week of program commencement