

Youth Frontiers

Youth Frontiers is aimed at Young People 12 – 16 years old, who have the capacity to benefit from youth mentoring that focuses on leadership and civic engagement.

Every year, more than 1,200 young people will have the opportunity to participate in the program delivered across NSW, which encompasses over 35 hours of mentoring by a community volunteer and the development of a community project.

Mentee Selection

Young people 12 – 16 years old, who are referred or nominate themselves, and:

- Who have the potential to benefit from a mentoring experience and developing leadership skills and;
- Are able and willing to participate in the program for 6 months.

Program Orientation

Fun group sessions at the beginning of term 2, delivered by the Youth Frontiers local representative which aims to:

- Provide orientation to mentors and mentees about the Youth Frontiers Program;
- Match mentors and mentees based on shared interests.

Mentoring Sessions

One to One and Group Sessions –delivered in terms 2 & 3 and finishing in term 4:

- One to one sessions (min 15hrs in total) mentor & mentee meet weekly at an arranged time (1-2hrs) negotiated with the school, at the school and during school hours.
- Group sessions (2-3hrs) meet at an arranged time, negotiated with the school, mentors and mentees and facilitated by the local Youth Frontiers representative.
- Mentees work with their mentor to define goals & to plan a community project. There is a workbook to guide & support the process during the one to one sessions.

Community Project

Mentees and their mentors make a difference to their local community by:

- Developing a project based on the needs of their community (and the interests of the mentee); Examples include: anti-bullying campaigns, youth mental health awareness, community garden and many other wonderful initiatives.

Project Showcase

Community projects are presented and the young person's efforts are recognised:

- The community project culminates in a showcase where mentees can share what they have achieved.
- The young people with the most innovative and effective community projects will be recognised locally and within the state.

For more information or to apply, please contact:

Sharnie Cooper | Mid Coast Communities | 0427 370 448 | youthfrontiers@midcc.org.au

Or visit our website: <https://midcoastcommunities.org.au/services/youth-frontiers/>

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