



in it together

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in it Together is a free program that supports young people (12 to 17 years) and their families, parents or carers who live in the Coffs Harbour area.



In it Together provides information, advice and support to assist young people and families through individual and group work to:

- Improve communication and relationships
- Negotiate behaviour and activities
- Gain knowledge and skills to make positive life and family choices
- Find out about services and valuable resources

You can be part of in it Together (iiT) if you are:

- A young person aged 12 to 17 years or their parent or carer
- Live in the Coffs Harbour area
- In need of support or information to help make things better and to make sure young people are safe and well

How do I get iiT?

iiT is a voluntary service – you only receive the information and support you want and agree to.

You can contact iiT yourself or be referred to iiT by another service.

**Contact us on email: iiT@midcc.org.au
or phone: (02) 6651 1788**



iiT is funded by the NSW Department of Family and Community Services.

