



COFFS HARBOUR YOUTH SERVICES DIRECTORY

This directory has been compiled by members of the
Coffs Harbour YNet – Youth Services Interagency.

If you or your organisation would like to be included in the directory please feel free to email Bec Minichilli at becminichilli@midcc.org.au or call Bec at Groundworks Youth Centre on (02) 5632 4020

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ALCOHOL & OTHER DRUGS (AOD):



Mission Australia: Junaa Buwa! Centre for Youth Wellbeing

Address: PO Box 4253 Coffs Harbour Jetty, NSW 2450

Phone number: (02) 6651 3418

Fax: (02) 6651 3474

Website: www.missionaustralia.com.au

Email: jb@missionaustralia.com.au

About organisation:

Mission Australia is a non-denominational Christian community service organisation that has been helping people to regain their independence for over 155 years.

Youth specific program:

Junaa Buwa! is a residential rehabilitation program for 13-18 years olds from across NSW engaged with Juvenile Justice. Junaa Buwa! provides three months of holistic residential rehabilitation followed by three months of aftercare, to support young people in their transition back into the community. The residential treatment program includes case management, counselling, AOD treatment, behaviour management, living skills and education.



Mission Australia: Junaa Buwa! AOD Outreach Program

Address: PO Box 4253 Coffs Harbour Jetty, NSW 2450

Phone number: (02) 6651 3418

Fax: (02) 6651 3474

Website: www.missionaustralia.com.au

Email: jb@missionaustralia.com.au

About organisation:

Mission Australia is a non-denominational Christian community service organisation that has been helping people to regain their independence for over 155 years.

Youth specific program:

A dedicated early intervention program, the Junaa Buwa! AOD Outreach Program works within eight local schools on the Mid-North Coast of NSW to provide case management and referrals for young people identified by the school as being at risk of substance abuse issues.



Family Drug Support (FDS):

Phone number: 133 368 186 (support line. 24 hours / 7 days a week)

Office Phone: (02) 4782 9222

Fax: (02) 4782 9555

Website: www.fds.org.au

Email: admin@fds.ngo.org.au

About the organisation:

Family Drug Support is a caring, non-religious organisation which provides non-judgmental, non-directive support and information to families of drug users across Australia.

In Coffs Harbour non-religious, open meetings for family members affected by drugs and alcohol occur on the 1st and 3rd Monday of the month from 7pm – 9pm. The meetings are open to anyone and provides opportunities to talk and listen to others in a non-judgmental, safe environment.

COUNCIL:



Coffs Harbour City Council

Address: Locked Bag 155, Coffs Harbour, NSW 2450

Phone number: 02 6648 4000

Website: www.coffsharbour.nsw.gov.au

Email: coffs.council@chcc.nsw.gov.au

About organisation:

Local Government organisation.

Youth specific program:

Council provides a range of services, facilities and programs that cater for youth.

DOMESTIC & FAMILY VIOLENCE:

North Coast Women's Domestic Violence Court Advocacy Service

Address: 18 Valley St, Coffs Harbour

Phone number: (02) 6650 0302

Fax: (02) 6651 3757

Website: coffs@nccas.org.au

About organisation:

Provides information, referral and advocacy for women who are experiencing Domestic Violence.

Provide court advocacy and support at court in relation to ADVO and associated charges.

EDUCATION:



Coffs Coast Community College
RTO ID: 90834

[Coffs Coast Community College: Education and Training](#)

Address: 66-90 Harbour Drive, Coffs Harbour NSW 2450

Phone number: (02) 6652 5378

Fax: (02) 6651 7183

Website: www.coffscollege.nsw.edu.au

Contact: Gordon Amann

Email: gordonamann@coffscollege.nsw.edu.au

About organisation:

CCCC is a not for profit organisation providing programs to assist members of the community in improving their employability and life skills.

Youth specific program:

CCCC runs a range of training programs for disadvantaged youth.

EMPLOYMENT:



[ETC: Transition to Work](#)

Address:

80 Grafton Street Coffs Harbour
13 Bowra Street, Nambucca Heads
Suite 8, 41 Belgrave Street, Kempsey
Suite 3 & 4, 133-137 Gordon Street, Port Macquarie

Phone number: 1800 007 400

Website: <http://www.etcltd.com.au/employment/job-seekers/ttw/>

Email: nicole.baade@etcltd.com.au

About organisation:

Enterprise & Training Company Ltd (ETC) specialises in the delivery of employment, training and business services. ETC has been operating since 1989.

Youth specific program:

Transition to Work (TtW) is a new service to support young people aged 15-21 who are not in employment or education. The program is all about creating an environment where you feel connected, unique and respected. It features a range of group activities, accredited training and engagement with other programs based on your needs, interests and skills.



[Key Employment: KAPOW \(Kids and the Power of Work\)](#)

Address: 1/43 Gordon Street Coffs Harbour NSW 2450

Phone number: 1300 539 5627

Fax: (02) 6694 9989

Website: www.keyemployment.com.au/kys

Email: hannah@keyemployment.com.au

About Organisation:

Key Employment is dedicated to helping people find a job and keep a job. Key offers a full range of services from assessment, training and on the job support to ensure our clients get the same wages and employment conditions as workers without disability

Youth Specific Program:

KAPOW is an education program that is designed for young people (15-19 years old) who are not attending school and is geared towards getting you ready for work. KAPOW courses run for 6 months and they offer you the opportunity to complete an accredited course that is equivalent to the School Certificate. As a student in KAPOW you will study a Certificate II in Business qualification, a personal development program and complete a work experience placement.



[Nortec Staffing Solutions](#)

Address: 34 Moonee Street Coffs Harbour NSW

Phone number: 1800 667 832

Fax: 02 6650 9188

Website: <https://www.nortec.org.au/>

Contact: Mel Mallon

Email: melm@nortec.org.au

About organisation:

NORTEC is a for-purpose, results-driven organisation delivering staffing, training, small business and community solutions across the NSW – Mid North Coast and Southern Queensland.

NORTEC is a not-for-profit organisation that delivers to the community through various commercial enterprises and directly via programs that are delivered to and accessible by the general community. These programs include government-funded programs, social enterprise and business incubators as well as the many community grants.

Youth specific program:

Nortec supports Youth to gain employment, through training, the National Work Experience Program and the Job Commitment Bonus for young persons. Work Advisors engage with clients to support them to link in with other referral services within the community. These services can assist to address any barriers, offer additional support and advocating for the young person.



[On Track Community Programs – OTCP: Transition to work](#)

Address: Suite 2, 169 – 171 Rose Ave, Coffs Harbour NSW, 2450

Phone number: (02) 66500874

Mobile: 0457 987 329

Fax: (02) 6650 9213

Website: www.otcp.com.au

Contact:

Email:

About organisation:

Community services: mental health, disability, accommodation.

Youth specific program:

Assisting school leavers with disabilities to access training and employment.

FAMILY SUPPORT:

Grandparents raising grandchildren and kinship carers.

Contact: Joy Watson

Phone Number: 0448 526 280

Email: joypw@bigpond.net.au

About the Organisation:

We welcome grandparents and kinship carers into a warm and supportive group of wise loveable and caring grandparents. Our group is open to anyone. We also support grandparents who don't have access to their grandchildren. Our grandparents and kinship carers, help and offer support to each other. Our morning tea is every third Wednesday to the month, at the Hidden Link Café, on Sawtell Road.



Pathfinders: Family Referral Service

Address: 3/129 West High Street Coffs Harbour

Phone number: (02) 66511133 or 1800 758 589

Website: <http://www.pathfinders.ngo/>

Email: mncfrs@pathfinders.ngo

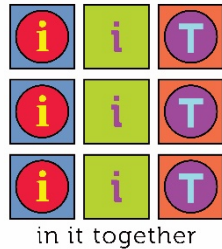
Facebook: <https://www.facebook.com/pathfindersaustralia/>

About organisation:

Pathfinders operates a number of programs and services based on promoting youth and family welfare. Pathfinders aims to improve the quality of life and well-being for each individual who comes in contact with one of its services, whilst also benefitting the larger communities it works within. Pathfinders is passionate about working towards ensuring every individual is given the right opportunities to become a valued and contributing member of our society.

Youth specific program:

FRS assists children and young people who do not meet the statutory threshold for child protection intervention but would benefit from accessing support to address current problems and prevent future escalations. FRS provides information and links vulnerable children, young people and their families to a range of support services in their local areas. FRS is able to conduct home visits and cold calls.



MID COAST
COMMUNITIES
Where *everyone* belongs!

[Mid Coast Communities: in it Together \(iiT\) Youth and family service](#)

Address: Shop 21, 20 Gordon St Coffs Harbour

Phone number: (02) 6651 1788

Mobile: 0428072178

Fax: (02) 6651 4688

Website: www.midcoastcommunities.org.au

About organisation:

Mid Coast Communities vision is that people we work with thrive and our local communities are places where everyone belongs. Mid Coast Communities has delivered services on the Mid North Coast since the early 1970s.

Youth specific program:

The iiT service works together with young people (12 to under18) and/or their families and/or carers to strengthen family relationships by focussing on communication and connection and developing family-based problem-solving



[Interrelate: Connect](#)

Address: 24 Park Ave, Coffs Harbour & 4/3 Mann St Nambucca Heads

Phone number: 1300 654269

Fax: 02 6659 4184

Website: www.interrelate.org.au

Email: connectmnc@interrelate.org.au

About Organisation:

Interrelate provides services that strengthen and support all of the relationships in your life – with yourself, your partner, your family, your children and during life's transitions such as becoming a parent, grandparent, separation, divorce and forming a stepfamily.

Youth Specific Program:

Connect is a free service which provides assistance for families and children/young people where a child or young person's mental health and wellbeing are at risk. We can help with:

- Connecting you with your community and any appropriate services
- Access to groups/courses to enhance your skills
- Ideas and support to help families deal with challenges and difficulties they may be facing
- Liaising with schools and other services to help you get the support you would like.

GRIEF & LOSS:

[Miindala \(NALAG Inc\): Seasons for Growth, a group program](#)

Address: PO Box 472, Coffs Harbour

Mobile: 0448 084 792

Website: www.nalag.org.au

Email: miindala2013@gmail.com

About organisation:

Miindala volunteers support people in loss and grief through one on one sessions, group meetings, ceremony and educational events.

Miindala lends out a Cooling Plate, so people can say goodbye to their loved on in the privacy of their home.

Youth specific program:

Seasons for Growth is a group meeting over 4 weeks for young people experiencing loss. They provide group activities, a workbook and creativity. Seasons for Healing is the Aboriginal equivalent.

HEALTH:

[Coffs Harbour Community
Youth and Family
Adolescent Mental Health](#)



Health
Mid North Coast
Local Health District

[Mental Health Service:
\(YAF\)/Child and
Service \(CAMHS\)](#)

Address: Coffs Harbour Health Campus, 345 Pacific Highway, Coffs Harbour, 2450.

Phone number: 02 66 567 900

Fax: 02 66 567 928

About organisation:

Coffs Harbour Community Mental Health provides care coordination for mental health clients in the community in both acute and longer-term situations.

Youth specific program:

YAF provides short and longer-term care coordination for children and adolescents aged 12-18 years, who have complex mental health disorders and illnesses. Professional clinicians include Registered Nurses, Psychologists, Social Workers, and Occupational Therapists.



[Genhealth Inc.: headspace Coffs Harbour](#)

Address: 45-53 Little Street (PO Box46), Coffs Harbour

Phone number: 02 6652 1878

Fax: 02 6652 1878

Website: <https://headspace.org.au/headspace-centres/coffs-harbour/>

Referral form: <https://headspace.org.au/assets/Uploads/Centres/Coffs-harbour/headspace-ch-referral-form-Nov-2016.pdf>

Facebook: <https://www.facebook.com/headspaceCoffsHarbour/>

About organisation:

headspace Coffs Harbour aims to help create healthy resilient young people in our community.

Youth specific program:

headspace Coffs Harbour is the local youth health service which works with young people aged 12 to 25 years. The focus is on mental health and wellbeing and/or drug and alcohol issues. Our free and confidential clinical support services include: doctors, psychologists, psychiatrists, dietician, youth workers, drug and alcohol counsellors and mental health nurses. This team of professional's work together to provide a holistic approach to mental health care.

We also have a role in community development and raising community awareness. We work with our Youth Advisory Group (HARG-Headspace Advisory Reference Group) and our service partners to promote young people's health and wellbeing in the community.

[HIV and Related Programs \(HARP\) CHHC: Clinic 916 - Youth drop in clinics \(STI testing\)](#)

Address: Coffs Harbour Health Campus – Yellow Wall C

Phone number: (02) 66567865

Mobile:

Fax: (02) 66567817

Website: <http://mncld.health.nsw.gov.au/services/hiv-and-related-programs-harp/>

Email: Alexandra.walker@ncahs.health.nsw.gov.au or Nives.houlihan@ncahs.health.nsw.gov.au

About organisation:

North Coast HARP provides a range of Sexual Health services to the community including:

- Information and education about sexually transmissible infections and safe sex
- Screening, treatment and management of sexually transmitted infections
- Counselling for sexual health related issues
- Health promotion and education

Youth specific program:

Clinic 916 offers free sexual health check-ups for young people at Thursday drop in clinics and an outreach service to Nambucca once a month.

We promote youth sexual health and collaborate with other services to provide youth sexual health education.

HOUSING:



[Mid Coast Communities: Momentum Youth Housing](#)

Address: Groundworks Youth Centre: 22 Earl St Coffs Harbour

Phone number: (02) 5632 4021

Mobile: 0488 051720

Fax: (02) 6651 4688

Website: <http://midcoastcommunities.org.au/services/momentum/>

Contact: Al Norman – Team Leader

Email: alnorman@midcc.org.au

About organisation:

Mid Coast Communities vision is that people we work with thrive and our local communities are places where everyone belongs. Mid Coast Communities has delivered services on the Mid North Coast since the early 1970s.

Youth specific program:

Momentum assists young people aged 17-25 years to find and keep stable and safe accommodation, to build skills for independent living and to improve health and wellbeing.



[Wesley Mission: Wesley Youth Accommodation Service Coffs Bellingen Nambucca\(WYASCBN\)](#)

Address: 3 Howard St Coffs Harbour NSW 2450

Phone number: (02) 6652 7124

Mobile: 0427 442 135

Fax: (02) 6651 4249

Website: www.wesleymission.org.au

Email: wyascbn@wesleymission.org.au

About Organisation:

Wesley Youth Accommodation Service Coffs Bellingen Nambucca (WYASCBN) is a specialist homeless service for young people and children between the ages of 12-25 who are homeless or are at risk of becoming homeless in Coffs Harbour, Bellingen & Nambucca areas.

Youth Specific Programs:

Crisis Refuge (Wesley House):

The refuge operates 24 hours a day, seven days per week and provides 6 beds for 14-17 year olds. All youth who reside at the refuge have access to person centred case management with the service working towards family restoration where appropriate or longer term affordable and secure accommodation.

Transitional Housing Project:

The aim of this project is to provide safe and affordable accommodation to young people between the ages of 16-25 and assist them in addressing high and complex issues including mental health, addictions, family/relationship breakdown, financial stress, that contribute to, and impact on their housing situation. This includes issues such as a lack of rental history and blacklisting on the tenancy database (TICA). WYASCBN has 6 properties through Community Housing Ltd in Coffs Bellingen and Nambucca. It operates on medium-term supported tenancies, for a period of up to a maximum of 12 months, with exit occurring at the end of this period.

Outreach Services:

Our outreach services provide support for young people aged 12-25 years to identify their needs and goals and to develop flexible strategies to achieve them. WYASCBN provides outreach services in Coffs, Bellingen, Nambucca, Macksville, Bowraville and Woolgoolga areas.

Under 16s HYAP:

In line with the Unaccompanied Children under 16 years Accessing Specialist Homelessness Services Policy, WYASCBN offers support and short term accommodation to 12-15 year olds. Primary focus is the safety of the unaccompanied minor. The HYAP Family Reconciliation Worker will work with the child and the family on a case plan that focuses on the best interest of the child.

INDEPENDENT PROGRAMS

The Baha' Faith: Junior Youth Spiritual Empowerment Program (JYSEP)

Phone number: 0421 244 784

Email: tayebeh.shirazi@gmail.com

About organisation:

The Baha'i Faith's central theme is that humanity is one family and that the time has come for its unification into a peaceful global society.

Youth specific program:

The junior youth spiritual empowerment program assists young people to navigate through this crucial stage in their lives. The program helps them form a strong moral identity and empowers them to contribute to the well-being of their communities and the world at large. Groups of participants engage in activities such as artistic expression, discussion, drama, cooperative games, study of literature, storytelling and acts of community service. The junior youth program explores themes from a Baha'i perspective, but is not a formal religious education program. By developing their spiritual, intellectual capacities and their capacity for service to society, the participants come to see that they can become agents of positive change in the world. Junior youth groups meet on a regular basis and there is no written homework. All program facilitators are certified under a Child Protection Policy, which includes a mandatory police check.

INDIGENOUS SERVICES:



[Ready Mob: Ready Mob Youth Tobacco Prevention](#)

Address: 9 Boambee St Coffs Harbour

Phone number: (02) 6652 0800

Fax: (02) 6652 2563

Website: <http://smokefreecommunity.com.au/>

Email: readymob@galambila.org.au

Facebook: <https://www.facebook.com/healthylifeNSW>

About organisation:

Ready Mob are a tackling indigenous smoking and healthy lifestyle team. We have three locations that cover from Woolgoolga down to Port Macquarie. There are free one on one smoking clinics based out of Galambila, Durri and Werin. We also try and educate the community through events and community engagement.

Youth specific program:

Our youth prevention team have several programs throughout the Mid North Coast. We are tackling smoking in a comprehensive approach that involves mentorship, confidence, identity, culture, and leadership. We will be implementing new programs as well as a new youth created campaign at the start of 2017.

JUVENILE JUSTICE

Uniting: Joint Support Program

Address: Level 2, Rigby House, 27-29 Duke St, Coffs Harbour

Phone number: 02 6659 2801

Mobile: 0418252298

Website: www.uniting.org

Email: iharris@uniting.org

Youth Specific Program:

The Joint Support Program is a Juvenile Justice funded community program with a specific target group; young people under the supervision of Juvenile Justice who have been assessed as having a medium to high level of offending related risk and need. Once referred, these young people are provided with 12 weeks of intensive case work and intervention, linking them with services that can offer them long term support in the community.

LGBTQI: LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER OR QUESTIONING & INTERSEX



ACON Coffs Harbour Outreach

Address: Shop 21/20 Gordon St, Coffs Harbour

Phone number: (02) 66516017

Mobile: 0409680836

Website: www.acon.org.au

Email: athoener@acon.org.au

About the Organisation:

ACON is a community based health promotion organisation that specialises in HIV health promotion, and LGBTI (Lesbian, Gay, Bisexual, Transgender and Intersex) health



BYP: Be Young and Proud – Groundworks Youth Centre

About Organisation:

Refer to Groundworks Youth Centre under Youth Services

Youth Specific Program:

BYP is a safe place for young people to be themselves and socialise with good company and like-minded people in a cool atmosphere.

BYP members have the opportunity to get involved in community events and create positive awareness and acceptance of the LGBTQI communities.

Members of BYP make meaningful connections by having real conversations about safe sex and sexual health, coming out (or not), relationships, friendships and family, dealing with homophobia and transphobia.

BYP is on the first Tuesday of the month from 4:30 – 6:30 pm.

MEDICAL



Doctor on Duty

Address: PO Box 6769, Coffs Harbour Plaza, Coffs Harbour NSW 2450

Phone number: (02) 6650 8020 or Contact: 1300 2255 47

Fax: (02) 5619 2080

Email: coffs.admin@doctoronduty.com.au

About organisation:

- We provide diagnosis and, where appropriate, treatment and medication during the out-of-hours periods when general practices are closed.
- Patients are first assessed by our trained triage staff, and then scheduled for visitation by the Doctor on Duty.
- Doctor On Duty doctors can commence any treatment that is required at the time of their visit and can even give free starter packs of medications so you can begin treatment straight away.
- We can then update your regular GP next morning of your symptoms and treatment to ensure quality and continuity of care,
- Our aim is to attend patients as quickly as possible, and all cases are scheduled according to the patient's or carer's description of symptoms and consequent evaluation by our triage staff.
- Our triage staff will let you know of the anticipated wait time for a Doctor on Duty™ to see you. This estimate is based on your symptoms, other cases that may require more urgent attention, and the distance from the Doctor On Duty base to the patient's or carer's residence.

Hours of Operation:

Our phone lines are staffed by fully trained triage staff and nurses and our call centre is open from 4 pm to 8 a.m. each weekday, from 10 a.m. on Saturday, and all day on weekends and public holidays. Our doctors commence their visits at 6 pm on weekdays and operate all night until 8 am each morning. Our doctors see patients from noon on Saturday, and all day and all night at weekends and public holidays.

All after-hours visits by our Doctor on Duty are bulk-billed, the only requirement is that the patient has a valid Medicare Card.

MIGRANT & REFUGEE SERVICES:

North Coast Settlement Service- St Vincent de Paul Society

Address: Suite 2, 1 Duke Street, Coffs Harbour

Phone number: (02) 56121370

Email: chb.reception@vinnies.org.au

About organisation:

North Coast Settlement Service provides settlement related information, advice, advocacy or referral services to eligible clients from migrant and refugee backgrounds. The aim is to assist eligible clients to become self-reliant and participate equitably in Australian society.

Youth specific program:

The youth program provides support, as above, to eligible young migrants and refugees (15-24yrs of age). Some community level support to assist eligible young clients to make social connections and participate in our community.



STARTTS – Service for the Treatment And Rehabilitation of Torture & Trauma Survivors: Youth Community Development Project

Address: 14 Earl St Coffs Harbour

Phone number: (02) 6650 9195

Mobile: 0477 348 969

Email: Dianne.jacobus@sswahs.nsw.gov.au

Website: www.startts.org.au

About organisation:

STARTTS is a multidisciplinary NSW wide Service supporting the healing of people from refugee backgrounds.

Youth specific program:

The youth program is a community Development project working with young people from refugee backgrounds to build trust, confidence through a range of activities.

RADIO

CHYFM

Address: 30 Orlando St Coffs Harbour NSW 2450

Phone number: 02 66 511104

Mobile: 0422 764 114

Fax: 02 66 513 100

Email: becky@chyfm.com

Website: www.chyfm.com

About organisation:

CHYFM is a youth orientated, volunteer based community radio station run by young people for young people in the Coffs Harbour region since 1973. CHYFM nurtures the talents of local youth in the fields of radio announcing and media production and is committed to the engagement, education and empowerment of young people to encourage them to attain positions of leadership and personal success in the wider community.

Youth Specific Program:

CHYFM runs a number of programs for the young and young at heart including radio broadcasting training, production and scriptwriting training, as well as tailored courses for primary, high and TAFE students including classes for students with disabilities.

YOUTH SERVICES:



[Bellinghen Neighbourhood Centre: Bellinghen Shire Youth Service](#)

Address: Offices at Bello Youth Hub, Corner Church and William st Bellinghen NSW 2454

Phone number: (02) 6655 0167

Mobile: Eliza Zanuso 0429 839 473, Magda Pomroy 0437 460 856

Website: www.bsys.org.au

Email: caseworker@bnc.org.au or youthworker@bnc.org.au

About organisation:

Bellinghen Neighbourhood Centre offers a range of services including NILS, Tax HELP, Emergency Relief, and community development.

Youth specific program:

This provides advice, support and casework for young people aged 12-18 and their families.



MID COAST
COMMUNITIES
Where everyone belongs!

[Mid Coast Communities: Groundworks Youth Centre](#)

Address: 22 Earl St Coffs Harbour (Community Village behind Coles)

Phone number: (02) 5632 4020

Mobile: 0437 509 989

Fax: (02) 6651 4688

Website: <http://midcoastcommunities.org.au/services/groundworks/>

Contact: Bec Minichilli

Email: groundworks@midcc.org.au

Facebook: <https://www.facebook.com/GroundworksYouthCentre/>

About organisation:

Mid Coast Communities vision is that people we work with thrive and our local communities are places where everyone belongs. Mid Coast Communities has delivered services on the Mid North Coast since the early 1970s.

Youth specific program:

The Groundworks Youth Centre is a safe and relaxing place for young people to come and hang out. There are lots of opportunities to get involved in creative activities, to learn new skills, and have fun! Groundworks also has loads of useful information for young people and can arrange referrals to other services that are needed.